



1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7
Phone: 905-404-9545; Fax: 905-404-3727; office@canadianapm.com
www.canadianapm.com

REGISTRATION INFORMATION GUIDE

CANADIAN ACADEMY OF PAIN MANAGEMENT
PRESENTS:

PAIN MANAGEMENT CREDENTIALING COURSES 2019

**CAPM MEMBER AND NOT CREDENTIALLED YET?
YOU CAN CREDENTIAL NOW!**

Credentialing pathway valid for members of CAPM
Followed by Qualifying Examination

DAY ONE

**THURSDAY FEBRUARY 28 or
THURSDAY MAY 30, 2019**

DAY TWO

**FRIDAY MARCH 1 or
FRIDAY MAY 31, 2019**

DAY THREE & EXAM

**SATURDAY MARCH 2 or
SATURDAY JUNE 1, 2019**



**HAMILTON GENERAL HOSPITAL—MAIN BUILDING
237 BARTON STREET EAST
MCMASTER WING, BOARD ROOM
HAMILTON, ONTARIO**

WHO SHOULD ATTEND

This multidisciplinary meeting is of interest to:

Physicians	Physiotherapists
Surgeons	Chiropractors
Nurses	Occupational Therapists
Interventional Pain Physicians	Pharmacists
Psychologists	Social Workers
	Massage Therapists

REQUIREMENTS:

1. Attend the course and pass the exam based on attending the three CAPM days.
2. You are a current CAPM Member in the Credentialing stream.
3. Proof of current licensure or registration of your profession regulatory body.
4. Documentation of your highest academic degree or diploma relevant to pain practice, if applicable.
5. CV demonstrating 2 or more years of active clinical practice in pain management.
6. Three letters of reference from colleagues to support that you practice in pain.
7. A \$200 fee is applicable for credentialing.

FACULTY

DR. ELDON TUNKS, MD, FRCPC

Course Chair

Emeritus Prof Psychiatry McMaster
Consultant Department of Physical Medicine
and Rehabilitation
Hamilton Health Sciences

President, CAPM

DR. ELENI G. HAPIDOU, C PSYCH

Psychologist

Diplomate, Canadian Academy of Pain
Management (CAPM)

Michael G DeGroot Pain Clinic; McMaster
University Medical Center; Hamilton Health
Sciences; Associate Professor (PT);

Department of Psychiatry and Behavioral
Neurosciences; Associate Faculty Member;
Department of Psychology, Neuroscience and
Behavior (PNB), Clinical Behavioral Sciences &
Bachelor of Health Sciences Program,
McMaster University

Vice President, CAPM

MARTHA BAUER, BSC, OT, OT REG (ONT)

Occupational Therapist

McMaster Family Health Team/Ennis
Centre Pain Management
Clinical Lecturer, McMaster University,
School of Rehabilitation Sciences

Board Member, CAPM

DR. LYDIA HATCHER, MD, CCFP, FCFP, CHE

Dr. Hatcher is an Associate Clinical
Professor of Family Medicine at
McMaster University, Faculty of
Medicine and Chief of Family Medicine
at St Joseph's Healthcare

Board Member, CAPM

DR. KEVIN ROD, MD, CCFP

Director Toronto Poly Clinic
Lecturer DFCM University of Toronto
Credentialing Chair, CAPM

REGISTRATION

THREE WAYS TO REGISTER:

1. ONLINE:

<https://eis.eventsair.com/canadian-academy-of-pain-management/capmcredentialingcourse2019>

2. FAX: 1-905-404-9545 (When paying by credit card only)

3. MAIL: CAPM, 1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7 (Cheques payable to: Canadian Academy of Pain Management)

CANCELLATION POLICY

Cancellations will be accepted up to two weeks prior to the start of the course dates with a \$60.00 cancellation fee. Within two weeks of the course start dates, there are no cancellations.

HOTELS

Please call for current rates:

Crowne Plaza Hamilton Hotel

905-528-3451: 150 King Street East, Hamilton

www.ichotelsgroup.com/h/d/cp/1/en/hotel/yhmcp

Days Inn Hamilton

905-528-3297: 210 Main Street East, Hamilton

www.hamiltontdaysinn.com

Sheraton Hamilton Hotel

905-529-5515: 116 King Street West, Hamilton

www.starwoodhotels.com/sheraton/property/overview/index.html?propertyID=185

Howard Johnson Hotel Hamilton

905-546-8111: 112 King Street East, Hamilton

LOCATION OF COURSE

Hamilton General Hospital

237 Barton Street East

Main Building

McMaster Wing

Board Room

Hamilton, Ontario

For parking, maps and information please visit <http://www.hamiltonhealthsciences.ca>



LEARNING OBJECTIVES

As a result of this course participation the learner will be able to:

AS AN EXPERT AND SCHOLAR:

1. Identify common and important pain disorders including the pain mechanisms underlying the clinical features, and correlate this with the current evidence on pain mechanisms.

AS AN EXPERT:

1. To conduct a bedside examination to distinguish primary nociception from chronic hyperalgesic or neuropathic pain conditions.
2. Identify through the history, review of documentary data and bedside examination, the conditions, comorbidities and syndromes, preparatory for effective pain management decisions.
3. Assess the patient's readiness for therapeutic change and identify obstacles interfering with change.
4. Choose behavioral strategies appropriate for the problem and to employ them.

AS A SCHOLAR:

1. Be able to discern acute, subacute and chronic neck/back spinal pain, and the evidence supporting or not supporting procedures to address spinal pain.

AS A COLLABORATOR AND AS AN EXPERT:

1. Have sufficient understanding of cognitive behavioral and multidisciplinary approaches that the clinician will be able to collaborate with the psychological or multidisciplinary providers and/or act as the most responsible clinician to promote functional improvement and return to occupational, psychological and interpersonal role-functioning.

AS A COLLABORATOR:

1. To discern clinical history and bedside signs and symptoms to make an informed decision regarding the appropriateness of interventional procedures.

PROGRAM

THURSDAY FEBRUARY 28 AND THURSDAY MAY 30, 2019

8:00 am—9:00 am	Registration & Continental Breakfast
9:00 AM—9:30 AM	Chronic Pain Clinical Assessment
9:30 AM—10:05 AM	Pain and Comorbid Depression
10:05 AM—10:15 AM	Open Discussion
10:15 AM—10:30 AM	Refreshment Break
10:30 AM—11:15 AM	Stages of Change
11:15 AM—12:00 PM	Facilitated Discussions—4 Problem-based Examples: Readiness for Change
12:00 PM—12:45 PM	Lunch
12:45 PM—1:00 PM	Open Discussion of Morning Topics
1:00 PM—1:45 PM	Simple Behavioural Strategies in Pain Management
1:45 PM—2:00 PM	Practicing as a Group—A Technique of Applied Relaxation
2:00 PM—2:35 PM	CBT
2:35 PM—2:45 PM	Open Discussion
2:45 PM—3:00 PM	Refreshment Break
3:00 PM—3:45 PM	Managing Pain with Attention to Pain Mechanisms
3:45 PM—4:00 PM	Open Discussion
4:00 pm—4:30 PM	Work and Confronting Disability
4:30 pm—4:45 PM	Open Discussion

FRIDAY MARCH 1 AND FRIDAY MAY 31, 2019

8:00 am—9:00 am	Registration & Continental Breakfast
9:00 AM—9:30 AM	Opioid Use Guidelines
9:30 AM—10:00 AM	Tapering Strong Opioids
10:00 AM—10:15 AM	Open Discussion of Use of Opioids
10:15 AM—10:30 AM	Refreshment Break
10:30 AM—11:00 AM	Pain in Special Populations; Elderly, Pregnancy, Children
11:00 AM—11:15 AM	Open Discussion
11:15 AM—11:45 AM	Low Back Pain
11:45 AM—12:00 PM	Open Discussion
12:00 PM—12:45 PM	Lunch
12:45 PM—1:00 PM	Open Discussion of Morning Topics
1:00 PM—1:45 PM	Neck Pain
1:45 PM—2:00 PM	Open Discussion
2:00 PM—2:30 PM	Chronic Fatigue and Sleep Disorders
2:30 PM—2:45 PM	Open Discussion
2:45 PM—3:00 PM	Refreshment Break
3:00 PM—4:00 PM	Multidisciplinary / Interdisciplinary Pain Management
4:00 PM—4:30 PM	Open Discussion of Multidisciplinary and Topics from the day

PROGRAM, *Continued*

SATURDAY MARCH 2 AND SATURDAY JUNE 1, 2019

8:00 am—9:00 am	Registration & Continental Breakfast
9:00 AM—9:30 AM	Neuralgia and Hyperalgesia
9:30 AM—10:00 AM	Standardized Pain Measures in Neuropathic Pain
10:00 AM—10:15 AM	Open Discussion of Neuralgia
10:15 AM—10:30 AM	Refreshment Break
10:30 AM—11:00 AM	CNS in Pain Mechanisms
11:00 AM—11:15 AM	Open Discussion
11:15 AM—11:45 AM	Chronic Headache
11:45 AM—12:00 PM	Open Discussion
12:00 PM—12:45 PM	Lunch
12:45 PM—1:00 PM	Open Discussion of Morning Topics
1:00 PM—1:30 PM	Opioid Dependency: Using Methadone & Suboxone
1:30 PM—1:45 PM	Cannabis as “Medicine”
1:45 PM—2:00 PM	Open Discussion
2:00 PM—2:30 PM	Complex Regional Pain Syndrome
2:30 PM—2:45 PM	Open Discussion
2:45 PM—3:00 PM	Refreshment Break
3:00 PM—3:45 PM	Interventional Treatment
3:45 PM—4:00 PM	Open Discussion
4:00 PM—5:00 PM	CAPM Exam based on content of three course days



CREDENTIALING COURSE—2019

REGISTRATION FORM—BY MAIL, FAX, ONLINE

ATTENDEE INFORMATION

To Register Online: <https://eis.eventsair.com/canadian-academy-of-pain-management/capmcredentialingcourse2019>

Select one: (Please circle) Dr. Mr. Mrs. Ms.

Name: First _____ Last _____

Organization: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone: _____ Fax: _____

Email: _____

(Please print clearly)

Dietary Restrictions or Allergies: _____

COURSE FEES

To choose your fee—first choose the category you are registering under. If choosing a one day fee, please indicate which day(s). Add in exam fee. Total in the right side column. Add in membership fee if joining now. Add HST and complete the payment information. If you are taking the full course the full course fee applies. If taking one day, you can choose Feb 28 or March 1 or May 30 or 31. **There is no option to take a one day choice on the exam day of March 2 or June 1.**

CATEGORY—You must be a member to take this course, so all fees are member fees.

REQUIREMENTS

Not applicable for students

Regular Fee To Feb 21 & May 23	Onsite Fee Feb 22—Mar 1 May 24—May 31	STUDENT Regular Fee To Feb 21 & May 23	STUDENT Onsite Fee Feb 21—Mar 1 May 24—May 31	EXAM FEE Student fees include exam fee	TOTAL
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1. I am a Credentialing Stream Member of CAPM and will participate in the exam

\$450.00	\$550.00	210.00	310.00	\$200.00	\$
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2. I am sending proof of current licensure or registration of profession regulatory body

1 DAY FEES—Choose: Feb 28 or March 1 or May 30 or 31 Note: No option for exam day					
\$150.00	\$250.00	\$70.00	\$90.00	\$200.00	\$

3. I am sending documentation of my highest academic degree or diploma relevant to pain practice

CIRCLE YOUR DAY FOR ONE DAY REGISTRATION: Feb 28 March 1 May 30 May 31

MEMBERSHIP—You must be a CAPM member. Use this space to join now.

I want to join now as a CAPM member
 You must be a member to participate on the course. HST not Included.
 Regular Member: **\$200.00 (Jan 1—Dec 31, 2019)**
 Student: **\$25.00 (Jan 1—Dec 31, 2019)**

4. I am sending my CV via email demonstrating 2 or more years of active clinical practice in pain management

5. I am sending 3 letters via email of reference from colleagues supporting my pain management service

SUBTOTAL: (Course fee, exam fee & membership fee if applicable) \$ _____
 Add 13% HST (#859733529R T0001) \$ _____
TOTAL: \$ _____

PAYMENT

CREDIT CARD: VISA MASTERCARD AMEX
 Register by Fax to: **1-905-404-3727**
 Number: _____
 Exp: _____ CVN: _____
 Name on Card: _____
 Signature: _____

CHEQUE: Payable to **Canadian Academy of Pain Management (include the registration form).**

Mail to: 1143 Wentworth St. W. #202, Oshawa ON L1J

QUESTIONS: CAPM Office—Krista Hook—T: 905-404-9545, office@canadianapm.com